

8-week group for parents / carers

Thursday 9.30am – 11.30am

12, 19, 26 September & 3, 10, 17, 24 October & 7 November 2019

**Bringing Up Confident Children for
Parents / Carers of Children with Special
Educational needs**

**The Oak Suite
Peartree Spring Primary School,
Hydean Way, Stevenage, SG2 9GG**

**Contact Louise on
01707 247 032 / 01163 666087 to book a place**

Parents/ Carers can book direct on this number

**Professionals - please send completed referral
forms via HertsFX to louisev@familylives.org.uk**

Please note this group is available to Parents/ Carers of children within Hertfordshire including the DSPL2. Stevenage, Aston, Benington, Datchworth, Gravelly, Knebworth, Walkern

This group is for parents / carers of children

The group will cover the following: -

- Understanding your children's behaviour
- Helping your children manage their feelings
- Learning new strategies to address challenging behaviour
- Exploring helpful and unhelpful discipline strategies & how these can help make a difference in your family life

The group will be running at:

**The Oak Suite
Peartree Spring Primary School,
Hydean Way,
Stevenage,
SG2 9GG**

To book a place:

Please call Louise on 01707 247 032 / 01163 666087

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Place are limited so please book early to avoid disappointment