

# TALKING FAMILIES



Because parents don't get training for the toughest job on earth!



**THURSDAYS**  
**19th & 26th September**  
**3rd, 10th, 17th & 24th October 2019**  
**7.00 - 9.00pm**

Our **FREE** 6 week course for parents and carers of children aged 0-12 will help you to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'

**BEDWELL FAMILY CENTRE**  
**Unit 2/3 Bedwell Park**  
**Bedwell**  
**STEVENAGE**  
**SG1 1NB**

**Pre-booking essential**

To check eligibility and book a place, contact **Supporting Links** on:

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**

**QUOTING REFERENCE SL336**



This course is provided free to parents by Hertfordshire County Council